

Pasadena City College Student Health Services

Mental Health Resources

Although the information provided is periodically reviewed, the pricing and availability of services are subject to change. Agencies listed may offer services on a low-cost basis. Some may offer services to those with private insurance only. Please contact individual agencies for cost inquiries.

24-Hour Hotlines

Suicide Prevention Center,.....988 (toll free. Eng/Span)
Haven House (shelter & counseling for family violence),...(323) 681-2626 (Hotline)
Peace Over Violence (rape & battery hotline),....(626) 793-3385 (Eng/Span)
Center for the Pacific Asian Family,.....(800) 339-3940
Emergency Outreach Bureau,...(800) 854-7771
National Domestic Violence,....(800) 799-SAFE (7233)

Pacific Clinics – Pasadena Office

1020 S. Arroyo Pkwy., Ste. 100
Pasadena, CA 91105-3911

(626) 403-2794 [web link: www.pacificclinics.org](http://www.pacificclinics.org)

Services: Available to adults, children & geriatric patients. Psychiatric services, medication evaluation and outpatient mental health care. *No emergency services.*

Serving the following cities: Pasadena, Altadena, So. Pasadena & San Marino. **Fees:** low to moderate fees or Medi-Cal

Monrovia office: serves central & east San Gabriel Valley (626-357-3258)

Support services for family members of people with mental illness.

[National Alliance on Mental Illness – San Gabriel](#) (626) 577-669

Foothill Family Service – Pasadena Family Center

897 Granite Dr.
Pasadena, CA 91101-3501

(626) 993-3000 [web link: www.foothillfamily.org](http://www.foothillfamily.org)

Services: Counseling for individual, couples or family problems. *No medication or emergency services.*

Serving the following cities: All

Fees: moderate fees and insurance accepted.

Fuller Psychological & Family Services

(Fuller Graduate School of Psychology)

180 North Oakland Avenue

Pasadena, CA 91101

(626) 584-5555 [web link: fuller.edu/fuller-psychological-and-family-services](http://fuller.edu/fuller-psychological-and-family-services)

Services: Individual, couples and marital counseling. Referrals for psychiatric medication services available.

Serving the following cities: All

Fees: moderate fees, no insurance accepted (including Medicare or Medi-Cal)

Arcadia Mental Health Center

330 Live Oak Avenue

Arcadia, CA 91106

(626) 254-1400 [No website currently available](#)

Public L.A. County Dept. of Mental Health office

Services: Intensive case management-continuing care for severely and the persistently mentally ill. Open Monday to Friday, 8 a.m. to 5 p.m. After-hours calls are routed to the Emergency Outreach Bureau at (800) 854-7771.

Serving the following cities: Altadena, Sierra Madre, San Marino, Monrovia, San Gabriel, Irwindale, San Dimas, Monterey Park, El Monte, West Covina, Walnut, City of Industry, Hacienda Heights & South El Monte

Fees: sliding scale or Medi-Cal

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Info adapted from PCC Psychological Services community referrals

Las Encinas Hospital

2900 East Del Mar Boulevard

Pasadena, CA 91107

Toll Free: (877) 579-8140

Phone: (626) 795-9901 [web link: www.lasencinashospital.com](http://www.lasencinashospital.com)

Services: *(For private insurance only)* Hospital offering free, 24-hour emergency psychiatric evaluation; outpatient psychotherapy and hospitalization services.

Serving the following cities: All

Fees: private insurance, no Medi-Cal accepted.

Asian/Pacific Family Center

9353 East Valley Boulevard

Rosemead, CA 91770

(626) 287-2988 [web link: www.pacificclinics.org](http://www.pacificclinics.org)

Services: Medication evaluation; outpatient care; specializing in services to Asian-speaking adults and children. *No emergency services.*

Serving the following cities: Eastern San Gabriel Valley areas

Fees: low to moderate fees of Medi-Cal

Pasadena Council on Alcoholism & Drug Dependency

1245 East Walnut Street, Suite 117

Pasadena, CA 91106

(626) 795-9127 [No website currently available](#)

Services: Information and referral for all alcohol and other drug related problems. Up-to-date listing of 12-step (recovery) group meetings, inpatient programs, outpatient counseling services, and prevention activities in the San Gabriel Valley area.

Serving the following cities: All

Fees: sliding scale, private insurance, & Medi-Cal